#### Get Involved.

To learn more, call

(808) 832-0340

OAHU

420 Waiakamilo Road, Suite 202 Honolulu, Hawaii 96817 Phone (808) 832-0340

**BIG ISLAND** 

Coordinated Services for the Elderly - East Hawaii 1055 Kino'ole Street, Suite 106 Hilo, Hawaii 96720 Phone (808) 961-8777

Coordinated Services for the Elderly - West Hawaii

74-5044 Ane Keohokalole Hwy., Bldg. B Kailua-Kona, Hawaii 96740 Phone (808) 323-4320

KAUAI

Agency on Elderly Affairs 4444 Rice Street, Room 330 Lihue, Hawaii 96766 Phone (808) 241-4470

MAUI, MQLOKAI, AND LANAI Call Oahu collect at (808) 832-0340



# Make Independence A REALITY.



## Be A Senior Companion Today!

To learn more, call

(808) 832-0340

Senior Companion Program, a program of the Corporation for National & Community Service, is sponsored state-wide by the Hawaii Department of Human Services (DHS)

> 420 WAIAKAMILO ROAD, SUITE 202, HONOLULU, HAWAII 96817 PHONE (808) 832-0340



The Senior Companion Program is a part of Senior Corps along with RSVP and FGP. Senior Corps is administered by the Corporation for National and Community Service, the federal agency that supports service and volunteering programs to improve lives, strengthen communities, and foster civic engagement.



Providing support to Seniors to help them remain independent for as long as possible.

Call (808) 832-0340

State of Hawaii
Department of Human Services

Corporation for National and Community Service
An Equal Opportunity Agency

### Senior Companion Program (SCP)

You know how much you value independence in your life. Now you can help others stay independent too.

Families in every community struggle to care for their loved ones. By becoming a

senior companion to an aged person, you can help that person stay in their own home. You'll join with thousands of other senior companions to help control the rising costs of health care. Whether you're



giving families or professional caregivers much needed time off, running errands, or simply being a friend, you'll help make a difference that strengthens and preserves an individual's independence.

When you volunteer, you're not just helping others—you're helping yourself. Volunteering leads to new discoveries and new friends

### Think about it —

your kindness can create life changing possibilities.

### You Have What It Takes.

#### WHO IS ELIGIBLE

- Must be 55 years of age or older
- Able and willing to serve 20 hours a week
- On limited income (less than \$25,720 per person per year; couples \$34,820)
- Be physically and mentally healthy
- Willing to accept supervision





#### **Benefits**

- Non-taxable stipend of \$2.65 per hour
- Meal allowance
- Transportation allowance
- Supplemental Accident/Liability
   Insurance
- Annual physical exam (at no cost to you)
- · Paid training, vacation, and sick leave
- State Holidays
- Annual recognition and other special events
- Satisfaction of helping others
- Meet a lot of nice people
- Promotes a positive outlook on life

