



# Empathy Competition



To celebrate Empathy Day on Tuesday 9th June we are running a competition all about **empathy**.

### What is empathy?

Empathy is a skill we use to understand how other people feel.

We exercise this skill when reading, writing, talking and listening to others.

Having empathy helps us to be kinder and more accepting of others.

It can then lead to an understanding of what we can do to help

people and change things for the better.

For this competition we would like you to use your empathy skills and imagine that you are living in someone else's shoes.

### This person could be:

- · A family member or friend
- A child from a different time in history
- A child from a different country or culture
  - A fictional person of your own creation
    - An existing character that you love

### You can either:

Create your own character and think about what they might be feeling.
 (You can use our feelings template to help)

or

2. Write a short story as if you are someone else.

Email your entry along with your name, age and school name to <u>cls@leics.gov.uk</u> by Friday 12th June.

There will be separate book goodie bag prizes awarded, one for each of the following age groupings: EYFS/KS1, KS2, KS3 and KS4/5

Follow us on Facebook and Twitter for more activities, ideas and recommendations during our Empathy Week (1st-5th June)



## **CLS Empathy Competition Feelings Template**



Have a go at creating your own empathy character. What do you think they might be feeling, and why?



